

# Provider Newsbrief

## September 19, 2022

### Prior Authorization criteria changes for medications

Effective Oct. 1, 2022, Banner – University Health Plans will begin following AHCCCS-required clinical criteria for medications requiring Prior Authorization. As of this date, these updated criteria will apply to all managed care organizations serving AHCCCS members.

Updates to our Prior Authorization criteria will be available on our website at <https://www.banneruhp.com/materials-and-services/pharmacy>.

### Use Pre-TRM® to Identify Patients at Higher Risk for Spontaneous Preterm Birth

You can now order a PreTRM® blood test for your members with Banner – University Health Plans. The PreTRM® is a broadly clinically, validated commercially available blood test that provides an early individual risk assessment for spontaneous preterm birth in asymptomatic, singleton pregnancies. The test is free for your B - UHP patients.

#### One in 10 babies is born too soon<sup>1</sup>

Preterm birth risk identification has posed a major challenge for clinicians, with traditional methods failing to detect 80% of spontaneous preterm births. Without this critical insight, clinicians and patients alike are left vulnerable to the risk that's hiding in plain sight.

#### Why PreTRM®?

The PreTRM® test is designed to identify patients at higher risk for spontaneous preterm birth. It is performed via a single blood draw between 19 and 20 6/7 weeks of gestation (126-146 days). In the test result, you'll receive both your patient's percentage for delivering her baby prematurely with a validated threshold, and her risk of spontaneous premature birth relative to the population risk. With 88% sensitivity, PreTRM® will allow you to identify your most at-risk patients and deploy case management and interventions most effectively.

#### Clinical guidance on managing high-risk patients

BUHP will support you in managing your patients who are determined to be higher risk by the PreTRM® Test.

- Clinical protocol with medication recommendations
- Weekly case management focused on preterm risk factors
- Recommendations for when your patient may need a specialist

**Get started with PreTRM®**

For a summary of the program, visit our PreTRM site: <https://bit.ly/3BqXq2J>. In addition, the PreTRM® Ordering Portal is available for immediate use. Visit the PreTRM website for more information at <https://www.pretrm.com/about-the-pretrm-test/>. If you have any questions about PreTRM, the ordering process, or intervention strategy, contact [support@pretrm.com](mailto:support@pretrm.com) or call 801-990-6600.

We are also hosting an information session about Pre-TRM on Tuesday, Oct. 18 from 5:30 – 7 p.m. To register, visit this link: <https://bit.ly/3DcdHpR>.