

Minimum Laboratory Monitoring For Psychotropic Medications

ANTIPSYCHOTIC MEDICATIONS

GENERIC	BRAND	GENERIC	BRAND
Aripiprazole	Abilify, Abilify Maintena, Aristada	Olanzapine	Zyprexa, Zyprexa Zydis
Asenapine	Saphris	Paliperidone	Invega, Invega Sustenna, Invega Trinza
Brexiprazole	Rexulti	Perphenazine	Trilafon
Cariprazine	Vraylar	Pimozide	Orap
Chlorpromazine	Thorazine	Quetiapine	Seroquel, Seroquel XR
Clozapine	Clozaril, Fazaclo	Risperidone	Risperdal, Risperdal Consta, Risperdal M Tabs
Fluphenazine, Fluphenazine D	Prolixin, Prolixin D	Thioridazine	Mellaril
Haloperidol, Haloperidol D	Haldol, Haldol D	Thiothixene	Navane
Iloperidone	Fanapt	Trifluoperazine	Stelazine
Loxapine	Loxitane	Ziprasidone	Geodon
Lurasidone	Latuda		

MONITORING	ANTIPSYCHOTIC FREQUENCY OF MONITORING
AIMS (Abnormal Involuntary Movement Scale)	On initiation of any antipsychotic medication and at least every six months thereafter, or more frequently as clinically indicated.
ABDOMINAL GIRTH (≥18 years old)	For individuals at least 18 years old, on initiation of any medication and at least every six months thereafter, or more frequently as clinically indicated.
WEIGHT & BODY MASS INDEX (BMI)	On initiation of any medication and at least every six months thereafter, or more frequently as clinically indicated.
HEART RATE & BLOOD PRESSURE	On initiation of any medication and at least every six months thereafter, or more frequently as clinically indicated.
COMPREHENSIVE METABOLIC PANEL (CMP), LIPIDS, FASTING GLUCOSE AND COMPLETE BLOOD COUNT (CBC)	On initiation of any medication affecting this parameter and at least annually thereafter or more frequently as clinically indicated.

CLOZAPINE MONITORING

MONITORING	FREQUENCY OF MONITORING
White Blood Cell Count (WBC) w/ Absolute Neutrophil Count (ANC)	Weekly for 1 st 6 months (if values within normal limits), then every 2 wks. for 6 months, then monthly (if values within normal limits)
Comprehensive Metabolic Panel (CMP)	At least annually
Fasting Lipid Panel	At least annually

LITHIUM MONITORING

MONITORING	FREQUENCY OF MONITORING
Lithium Level	Within one month of initiation of lithium or significant change in dose and at least every six months thereafter or more frequently as clinically indicated.
Thyroid Function	Within one month of initiation of lithium and at least annually thereafter or more frequently as clinically indicated.
CBC w/ Platelet Count	On initiation of any medication affecting this parameter and at least annually thereafter or more frequently as clinically indicated.
CMP	Renal function – within one month of initiation of lithium and at least annually thereafter or more frequently as clinically indicated.

VALPROIC ACID MONITORING

MONITORING	FREQUENCY OF MONITORING
Valproic Acid Level and CMP	Within one month of initiation of valproic acid or divalproex or significant change in dose and at least annually thereafter or more frequently as clinically indicated.
CBC with Platelet Count	On initiation of any medication affecting this parameter and at least annually thereafter or more frequently as clinically indicated.

CARBAMAZEPINE MONITORING

MONITORING	FREQUENCY OF MONITORING
Carbamazepine Level, CMP and TSH	Within 1 month of initiation of carbamazepine or significant change in dose and at least annually thereafter or more frequently as clinically indicated.
CBC w/ Platelet Count	On initiation of any medication affecting this parameter and at least annually thereafter or more frequently as clinically indicated.